





The Sustainable Vegetable Garden

**SAMPLE BIOINTESIVE BED GARDEN PLAN FOR WILLITS**

Crop -Variety	1	2	3	4	5	6	7	8	9	10
	Sq. Ft.	Cen- ters	Maximum Number of Plants		Amount of Seed Needed for Actual Area		Number of Flats To Sow		Number of Flats To P.O.	
			/100	Actual	No.	Ounces	No.	Centers	No.	Centers
<b>Tomatoes</b>										
-Rutgers	10	21	35	4	6 seeds	.0004	.02	1	.06	2
<b>Lettuce</b>										
-Bronze Arrow	10	9	248	25	32 seeds	.0012	0.1	8C	.23	1.5
<b>Onions, Green</b>										
-Ishikura	2	3	2,507	50	72 seeds	.0078	.28	8C	-	-
<b>Corn, Sweet</b>										
-Montana Bantam	20	15	84	17	23 seeds	.22	.09	1	-	-
<b>Watermelon</b>										
-Sugar baby	10	18	53	5	7 seeds	.034	.11	2	-	-
<b>Cucumbers</b>										
-Marketmore 86	2	12	159	2	3 seeds	.004	.05	2	-	-
<b>Snap Beans, Bush</b>										
-Roc Dior	2	6	621	12	16 seeds	.16	.06	1	-	-
<b>Carrots</b>										
-Nantes TipTop	4	3	2,507	100	182 seeds	.008	-	-	-	-
<b>Cantaloupe</b>										
-Cantalun	10	15	84	8	11 seeds	.009	.17	2	-	-
<b>Potatoes</b>		9"C,				5.8-				
-Red Norland	25	9"deep	248	62	-	7.75 lbs	-	-	-	-
<b>Onions, Regular</b>										
-New York Early	5	4	1,343	67	96 seeds	.01	.38	8C	-	-
<b>Wheat</b>										
-Hard Red Spring	25	5	833	208	297 seeds	.6	1.18	1	-	-
<b>Oats</b>										
-Hull-less	25	5	833	208	297 seeds	.31	1.18	1	-	-
<b>Dry Beans</b>										
-Black Turtle	50	6	621	310	442 seeds	6.35	1.76	1	-	-
<b>Corn for Compost</b>										
-Montana Bantam	25	12	159	40	53 seeds	.52	.21	1	-	-
<b>Buckwheat</b>										
	25	8C	-	-	-	.65	-	-	-	-

Planning and Planting Crops

Jan.	Feb.	Mar.	Apr.	May	Jun.	Jul.	Aug.	Sep.	Oct.	Nov.	Dec.
	2/21 →		4/1 F								
		3/21 →		5/1 PO 5/21 TP			8/15 H →				
			4/14 →	5/1 F							
			4/21 →	5/7 PO 5/21 TP		7/21 H →					
		3/21 →	4/7 F	5/21 TP		7/21 H →					
				5/16-18 F							
				5/21 TP							
			4/21-28 F	5/21 TP		7/26 H →					
			4/21-28 F	5/21 TP		7/21 H →			10/4 BC compost crops		
				5/7-14 F		7/21 H →					
				5/21 TP		7/21 H →					
				5/21 BC		7/21 H →					
			4/21-28 F	5/21 TP			8/21 H →				
		Order	4/21 sprout	5/21 TP		7/26 H					
1/7-21 F				5/21 TP			8/30 H				
1/15-21 F	2/1 TP					7/15 H					
1/15-21 F	2/1 TP					7/15 H					
				5/7-14 F					10/4 BC compost crops		
				5/21 TP			8/21 H				
						7/10-12 F					
						7/15 TP		9/30 H			
						7/15 BC		9/30 H			

BC = Broadcast F = Flat H = Harvest PO = Prick out TP = Transplant